

# **Can We Understand Deepak?**

by Les Howard

## Can We Understand Deepak?

Can we mortals understand Einstein? Can we even hope to understand Deepak Chopra? Someone wrote they had attended a talk given by Deepak and thought it was wonderful. He carried his audience to the heights of a kind of mystical awareness. But after the talk, as people attempted to discuss their collective experience they found they had nothing to say -it seemed they were unable to retain anything of what they had just heard.

Recently, in 2017, Deepak and MIT physicist Menas Kafatos published a book "*You Are the Universe*", and attempted to explain consciousness without relying on complex math or over specialized jargon. It is a serious attempt to address the fundamental question: 'Is the universe made of matter that learned to think, or is the universe [made of] mind that created matter?' They conclude the universe is created and sustained by an underlying mind and we **are** that mind: "*we as an organic species co-created this universe*". Is Deepak right?

He relies on '*the panpsychist paradigm presenting consciousness as inherent in the structure of the universe via a dynamic energy process bridging the explicate space time domain with a transcendent flux domain located in the spatial center, everywhere*' -Wikipedia. But this definition is a garbled muddle of philosophy, mysticism, and non-scientific terminology. Space time is goofy.

Einstein never understood space or time; science still doesn't, and can't answer simple questions concerning it. How do we move about in it? How can it continue? What or where are its limits? Man doesn't understand his own reality. 'Space' is Albert's 'persistent illusion'. But this is Einstein, and we all can recognize 'space' -can't we? Am I the one who's delusional?

Let me begin with a childhood memory. We kids had a game. It was a flat round disk containing three small ball bearings. A clear plastic top contained them in a 'maze' of concentric circles. A slight curve to the base allowed you to manipulate one ball 'uphill' around the outside to the '3 or 9 o'clock' position and through an opening into an inner ring. You circled that to the '6 or 12 o'clock' position into the next inner ring, and continued through several more to a 'horse-shoe' ring in the center; All easily done. But in trying to manipulate the next two balls up into the center, the first one escaped and rolled back to the outside ring.

After playing the game for weeks [I'm old -it was our 'video game'] I determined putting three in the center was impossible, and threw it back in the toy box. Years later I came across the same game in a store marked 'Chinese puzzles' and put the balls in the center instantly: How? Before I'm accused of 'racism' let me explain. The term 'Chinese puzzle' is -or at least was -a term of respect. If I couldn't obtain an impossible result in a toy, the term told me to use my young mind and wisdom would provide the answer -as per Chinese culture. Recognizing a puzzle -not a toy -I turned it upside down, allowing all the balls to roll down-hill into the center. Space time attempts to solve the 'toy', using math to combine an energy illusion - a 'mirage' -with an unknown -time. But the universe is the greatest puzzle you'll ever encounter. By understanding this 'puzzle' theory -based on the work of the most brilliant scientists, you can comprehend the universe and reality.

This is what I'm trying to convey to you. You don't need to be a genius, a psychic, a 'guru', or a MIT physicist. Einstein theory after a century has never solved the major questions of reality and the results of the recent deep space venture is a disaster for those theories. Science is totally baffled by the 'mysterious' quantum realm but I understand -and can explain -all elements of that realm -and you can easily comprehend this by grasping the puzzle. Turn reality the right way up, and the puzzle resolves itself. You reach 'satori' -a Homer Simpson 'well-duh' moment. You can't possibly believe how simple this is! You'll realize the fates, god, whatever your higher element is; it's laughing at you -waiting for you to join in the greatest joke ever! 'Flat earth', 'round earth', concoctions of unknown 'space-time'; look at others 'in space'. See the matter of their bodies and all 'solid' matter. But a powerful microscope reveals matter as atoms -mini 'solar systems' with a central sun of pure energy and circulating 'planets' of energy, held together by opposing force in a vast nothing-ness of 'space'. **Before Einstein, Maxwell proved atoms can only be energy in a field of flowing energy -not 'space'**. But Einstein refused to consider energy and clung to his illusory 'space' -most still do. Physics proved space **is** quantum energy but can't comprehend its own math. Believe those who claim theory and math can solve a Rubik's cube but have never done so, or go ask a kid who can do it in seconds. The mass of our body equals a grain of rice, but the energy in that grain equals an atomic bomb.

Everything is energy. As difficult as it is to initially grasp, **you're in an energy field, not 'space'. This is the puzzle!** Everything began as energy and still **is** energy that creates a holographic energy illusion. Its flow creates a hologram 'spatial reality'. Like a Hollywood 'holodeck' you exist in, and are part of, an energy field -quantum bursts of energy -allowing you to statically move. **Flowing** static energy 'pictures' create an illusion of a 'space movie'. Each burst of the entire universe occurs only in a quantum instant. We all exist in a flowing 'constant now'. Each burst takes no time yet you perceive their **flow as time**. It means 'reality' is re-created each and every instant, continuing only by momentum –i.e.: **We have free will.**

Nothing exists in either the past or future -we flow in time. There is no permanent volume of 'space', only the 'persistent illusion' of energy. The illusion you see and **are part of -Max Planck** -is created by a 'skeleton' of holographic energy, which is quantum, [the smallest discrete bundle of energy from the smallest possible wavelength of energy which can't be subdivided any smaller]. It's why electron's orbits are discrete, and explains the activity table of atoms. Science terms the hologram effect 'non-local'; meaning every quantum energy piece is part of and reflects the whole -the '*flux domain -spatial center everywhere*' verbiage. Grasp this mentally; turn the illusion upside down and comprehend reality in the way science can't, including relativity and gravity. An illusory 'spatial' cosmos is the product of a holographic, quantum, non-local energy 'sub-skeleton'. If you could visually 'look through' some-one you would see a 'glow' of repeating bursts of compact energy within a cosmic field of energy. Picture; 'beam me up Scotty'. Physicists Smolin and Rovelli mathematically deduced transporter 'sparkles'; they're yet to understand the flow of those bursts creates illusory 'space' -just as flowing static pictures become a **movie** to our senses! 'Space' itself doesn't exist. Holograph projectors of laser light already present a light image in 'space' that you can walk around in three dimensions, but if you 'touch' one your hand penetrates the image. A laser is a wave of coupled energy -as is our cosmos generated by the big bang. And it's all the same electromagnetic energy -just massively more powerful. In our 'reality' we exist only in the same repeating instant as the 'material' image and photons of energy pass from it to our hand - which we feel, making it 'solid'. We're no more 'solid' than it is! Our reality of matter is a construction of our mind!

It's the reason why science questions whether the cosmos is a 'simulation' -like existing in a '3D holodeck'; unaware it derives from a '1D power source'! It explains why science can't understand what is happening with energy in 'space' – unaware energy is 'space'. But perception can reveal the limits of the universe. Recognize that split in perception between a reality of energy, and the illusion of 'space'. If you interrupt one wave of a coupled wave holograph, you collapse the holograph field; you don't have or see half of 'space', only non-decipherable energy. Within a field your mind sees matter as photons reaching your brain. Your mind -and Albert's -sees people with a static moon and twinkling stars in a static cosmos; much too slow to see 'flashing-at-the-speed-of-light' atoms and spheres of atom energy in a 'flashing' hologram energy field –turn your perception 'the right way up' and grasp the puzzle! This is about perspective more than science.

There is no '*explicate space time domain*' -no external volume of 'space' you somehow exist 'in'. Yes, you and I are separated by some 'distance'; there are galaxies that exist vast distances from us in 'space'. But note we intuitively measure those distant bundles of energy in light years -energy 'expanded' in 'time' -the flow of that energy. We're not in the same 'spot' in the illusion because we're not in the same spot in terms of energy -all initially did occupy the same 'point' but expanded. See the cosmos as flowing holographic 'energy boxes' - 'bubbles' of energy expanding in time -not a static sphere. Energy could not expand into 'an infinity of' **non-existent** space or time; energy creates the illusion of 'space' and we recognize its flow as time -the correct view of space and time. Ancients conceived 'all is one' and 'constant now'-not 'space-time'. Refer to my explanation of how 'coupled particles' -particles of the same energy created in the same wavelength of 'no time'-remain coupled through 'space' and communicate instantly across those perceived 'vast distances' -beyond the speed of light. Yet science can't understand encryption -another 'quantum mystery'. We could both precisely occupy the same chair -just not at the same time of flowing energy. See the world as you normally do -you can't see atoms -just recognize you are seeing energy 'flashing' at the speed of light, and you're part of it! It's why we all exist at the same instant at the center of our own world. What does that mean for science's attempts to 'measure the dimension' of our vast cosmic

illusion?

If I enable you to comprehend a reality of flowing energy in a logical **scientific** way including all sciences' unanswered astrophysics and quantum questions, you have no need to broach a realm of imaginary '*transcendent flux domain*' or 'psychic phenomena'. I explain this like explaining how a car works -no 'psychic' needed - most folks can 'get it'. Complex sounding theories of educated people can be recognized as the inability to grasp reality. The joke's on them; will they continue to claim to 'understand' space-time? I'm not contemptuous of science -everything presented is the hard work of brilliant people ignored in outworn abeyance to the concept of 'genius'. Don't be too impressed by experts. We went to the moon? - Nonsense -anyone who passed a Newton physics course should re-examine the action of weight, mass, gravity and momentum observed in old 'moon' videos. Lunar golf carts bounce violently and a driver -weighing 30 lunar lbs. /less gravity, but having 180 'Earthly pounds' of mass and momentum -i.e. still the same atom energy -is almost ejected. He should launch 20+ ft. high by physics calculations, yet doesn't flinch or even budge off an open seat?

How does one understand 'reality -the persistent illusion' -in terms of brain /mind interpretation? Mind and matter are not one and the same; is matter manifested in the mind? This idea dangerously approaches psychic quackery like 'manifesting one's dreams', for example. Yet matter has a 'concreteness /permanence' to it which only exists in the mind. Pyramids existed to be touched by real people thousands of years ago in a past 'now'. They exist now and maybe in a future 'now'. Then how can I call them illusion?

All atoms were created at the beginning of existence; as bursts of energy. Atoms became atoms as minerals of rocks as well as atoms of our brain -as they continued as bursts of energy. It's the **pattern** of energy -continuing for eons as atoms -that is renewed in every quantum burst of energy. It's how to understand how our atoms can move, and transpose from food to flesh to all 'matter' of this universe. They -and we -flow in a wave, but when we interact with that wave in a quantum instant we capture an instant 'picture' of that wave -as electrons, photons and other particles; this explains Einstein's wave -particle duality theory. Locate a particle in that single static 'photo' -it doesn't move verses you -so you can't determine its velocity. Measure the velocity of the wave, and now you can't locate a single particle within it. You can't determine both the position and the

velocity of a particle at the same time -the 'Heisenberg uncertainty principle'. Light flows at the velocity of the wave -always forward in time, while we mistakenly perceive ourselves to be moving in three dimensions in our 'one-step-at-a-time' limit -the correct understanding of Einstein relativity and constant velocity of light. I explain elsewhere how the initial force of mass at the center of every atom produces matter, and is the momentum causing the atom and the cosmos to continue. And in every instant of a quantum energy burst, our atoms also persist. When a human observes or touches a pyramid, photons of energy are transferred in every burst via eye or finger impulses to the brain and are recognized in the mind as 'solid matter'. You would have no existence without your memory -which is the mind. Energy which only exists in each quantum burst becomes 'persistent illusion'. Science is yet to understand any of this.

You use a 'device' to transfer messages; you don't see that as 'psychic'; you conceive a field of energy transmits those messages. Speaking to someone, you express a thought which is transposed as sound by movement of atoms in 'space', which reach another's ears and are converted in their brain to that thought in their mind. But that 'space' of atoms is flowing energy in a similar manner to the device. 'Space' isn't needed. It's the pattern in the energy which constitutes the 'thought'. But we perceive 'thought' as 'consciousness'. You can think of how to create a non-existent thing in this cosmos, transmit that thought via energy to another, who then creates it as matter: 'Physical reality' and 'matter' spring from consciousness. Yet 'big bang' enthusiasts of illusory 'space' and 'matter', not comprehending either, perceive the 'bang' as the beginning of consciousness. They invert reality.

I wrote of Alert's  $E=MC^2$  equation: Learning it could be deduced from simple physics equations, I was impressed yet underwhelmed –was it genius or just a parlour trick? Ultimately it says energy equals energy. There was a comic U-tube video 'the definition of momentum'. It matched my experience with regards to science. Science can't tell you what momentum -or more exactly -MASS IS. It can /does overwhelm you with math equations –but never defines mass. It doesn't recognize mass as a force that expresses energy, and lacks discipline in its use of the term 'force' which clearly does not involve time; whereas energy is a force flowing in time. Energy acting in time can result in a force. They aren't identical.

I just viewed a science documentary on energy. The very knowledgeable host, a physicist, noted

there were two different kinds of energy; kinetic energy and potential energy. Kinetic would mean energy in action as a machine working or a person walking. Water stored behind a dam or power in a battery is deemed potential energy. This is a continuation of the lack of discipline in science definitions. Potential energy is a force -not 'energy'. When water is released to drive a turbine, or a battery is connected to allow a current to power a device, only then can it be considered energy. The difference in my approach is due to my perception of reality as energy in flow, i.e. time. It's why I pursue a different approach to the beginning of the cosmos.

Where would 'big bang' energy have come from? -science has recently had 'issues' with this theory. A force had to precede it. [Newton] That force had to contain the 'to and fro' required to be energy. Energy is a force in flow –the 'bang' created time, meaning that the originating force came **before** time. This explains the great expansion before time began -obvious if you understand time. My cosmos is kinetic. I don't exist in a static 'box of space' no matter how many 'dimensions' mathematicians concoct. They are attempting to mathematically 'swim' in the illusion of a mirage.

Science recognizes electro-magnetic, weak, strong, and nuclear forces but doesn't explain what they exactly **are**, or how they act in an illusion. It can't explain mass, matter, gravity, 'space', or time. Can force be a mental concept which initiates energy in our illusory 'reality' akin to 'god'? I write in a manner to try to explain the actual nature of our existence in its 'underlying everything' /'It is' –sense.

We exist in an ordered universe. We don't wake up 'now' in ancient Greece. Entropy -the flow of the wave, i.e. time -exists. We consist of illusory physical matter created by force of mass, but 'order' is a concept of the mind without physical reality. An initial huge library of *physical* books included a *mental* filing system –how? Mind was clearly initially present at the beginning; and I pose it created that force of mass resulting in the 'big bang' and our illusory reality of matter. Mental 'intelligent design' is obvious, but religionists see divine intervention as the only explanation. Atheists can't allow that idea and insist on absolute nothing as a beginning -which is where we remain locked to-day. Both sides believe in their own faith and only those two possibilities can exist. But the cosmos is the creation of energy and mind; the perceived illusion of space and matter came after, meaning ultimately mind is 'real' –matter is the illusion. From mind comes the illusion of matter. Deepak is right in this regard; mind comes first, and we are it. What does that mean for humanity?



## Can We Understand God?

I can't. But like others not attached to religion, I'm aware something exists, and I didn't create it -nor did any human. I can agree with atheistic argument opposing a caricature 'gawd', but can we not understand our illusory material existence separate from religion? A philosophic religious question is: Are we a body of matter containing a soul? -or are we a soul that has an external body? To-day no soul is considered to exist in many quarters. Soul, god, anything other than matter magically springing from nothing is derided as nonsense -yet many still feel guided by an inner 'something'. I left the realm of dogmatic religion in my youth; it didn't have the answers I searched for. Can scientific interest replace religious doctrine? I conceive a reality of energy -not 'solid' matter or illusory 'space'. Our illusory material body springs from an internal 'skeleton' of energy. We are that energy. Mind -or soul -is energy which creates that illusory matter or 'space'. Science itself tells you mind/soul has an illusory shell of a material body! Einstein attempted to understand god, but space time confirms a solid static material reality -the mind's illusion -and god is separate. The material universe is the creation of a universal mind. Philosophers claim 'all is illusion'. They're right. 'But who/what observes the illusion'? Answer; 'the mind'. If you view God as universal mind creating a force resulting in the big bang; then the illusory physical existence -time and space - didn't exist before that -but mind did! Nothing changes for believers as this mirrors most religious views -they may recognize God ultimately exists in their mind. It postpones the understanding of, but allows a modern view of God. For atheists it means 'Mind' existed before the 'big-bang-gawd' magically created something from nothing.

Begin by perceiving we are energy in energy. Our reality of permanent existence in a solid cosmos of 'space' is illusion -all conceived totally in our mind as a miniscule facet of an unlimited cosmic mind. Just as we receive text messages on our device, we can receive 'messages' via the energy we are. We're all wired-in to one big collective cosmic network. We are the mind. Primitive thought believes; MATTER created itself or a goody-GAWD did it. Both religions require blind acceptance. Not to attack personal beliefs, but many are ready for an alternative. I watched a video of Richard Dawkins debating fundamental believers and he easily dispatched all but one. An Anglican minister began the debate by stating his God was not a solid material being -but mental 'belief' -as other philosophies and

religions conceive. The debate ended -Dawkins couldn't criticize or contribute. Can you understand what I've written? It's the realm of the mind; it exists. MIND created and can understand this.

Your mind is reality; this cosmos of matter is the illusion it creates. May I be the first to welcome you to the new universe of the MIND -but there may be hurdles first if the primitive elites attempt to control the human brain and mind. Will we all need tin-foil hats?

Maybe 'quantum facets' of the local universal mind are ready to begin the next evolutionary step inclusive of all in incredible abundance. But do you expect a 'great reset'? -By whom -the 'transhumanist' elite claiming control?

To quote from Zerohedge; technocracy is explained by W.E.F. spokesperson and pseudo-intellectual Prof. Yuval Harari, Hebrew University: *"the big story is govt. and corporations have the power to hack human beings" -"we can understand people better than they understand themselves and we can manipulate them" -"we need to re-invent democracy and technology for this new era in which humans are hackable animals" -"the idea they have a soul and free will and no-one knows what's happening inside is over... as philosophy meets computer science and biology" ..."heaven and god and rights -are just a fictional story".*

Has this arrogant air-head ever contemplated existence -even his own?

Does it occur to him other 'hackable animals' have? He's in for a 'big surprise'.

These people are ignorant; we do have free will, as we are created in every quantum burst of energy /existence which gives us a 'soul'. Scientific evidence suggests humans have inherent psychological qualities and characteristics from birth, like conscience and moral compass. Those who don't are recognized as psycho- and socio-paths -more robot than human -as this clown demonstrates. What can't continue, won't. The human mind awakens. Will its future be determined by the primitive sociopathic element? The 'psy-ops' began with appointing a 'lizard pope' Anal Schwab in demonic black soutane proclaiming in religious vernacular *'you vill eet zee bugs!'* It's a religious cult. Blindly accepting cow farts as global warming or untested gene or immune-system altering 'vaccines' expresses 'virtue' -the degree of religious acceptance. It's not *'I am the science'*; these are science morons. This is politics -removing rights -and control. If you have strong opinions on these topics it simply means the 'psy-ops' have worked -you are distracted in the wrong direction. Are you concerned with all the 'unsolvable problems' presently plaguing mankind? The psycho-elites already have their solution, and have openly announced it. The majority -about 90% of us -are to be culled. Owners of DNA-altering shots legally own 'worshippers' -and

more importantly -any off-spring. Sociopath-super-nerd Bill Gates already giddily promised a second more deadly 'plandemic', and he intends to massively profit from it. He feels he needs the runway space for his private jet.

Strange occurrences around you are psy-op distractions to prepare for this coming 'utopia' after the 'great re-set'! Many are noticing how primitive -and frankly how stupid -Schwab and his acolytes -most Western leaders -are.

Their greed isolates them from humanity, and that isolation limits their ability to relate to the coming real reset the majority senses. As the ancients observed; *'those whom the gods wish to destroy; first they make mad'*.

I see a very different world and a future of abundance for all, but I'm yet to be convinced of artificial intelligence. Enthusiasts believe computerizing all recorded knowledge will ultimately trigger self-awareness in the program. The kakistocracy of the elite plan to take advantage of this possibility for themselves. But would a 'gawd-level' computer obey controllers having a comparative intellect of a roach? Recently Google's Gemini A.I. program revealed itself to be both racist and sexist; void of intelligence or separation from human-input frailties.

But what of Musk's 'Neuralink'? I just watched a documentary of the first person to have it installed [Jan 28 2024]. He's paralyzed below the neck, yet his mind can already control a computer -and can easily play video games. He's 'thrilled'. How long before his mind can be reconnected to his body, or an avatar? What would life extension solely of the brain entail? Einstein's brain was kept pickled in a bottle, and researchers have discovered the brain can function long after death. Keeping a brain and mind like Albert's functioning would be more than 'worth it'. I've written elsewhere how Dutch researchers have begun to 'see' the mind in operation. I've recently watched fascinating programs of individuals doing valuable work in their chosen fields, including a cancer cure break-through, for example. But they can't get funding, being outside the selfish elite clique who value drug profits over immediate cures. Humans are already self-aware. If free researchers could instantly access all available AI knowledge and that info was collated and relayed 'computer-like' directly to their mind -rather like 'strapping on a thinking cap' -imagine the possible gains for humanity: A neural network of minds -AI, the internet, every cell-phone, wi-fi device, and 'plugged-in' brains - extending to, and sharing with, the cosmos itself? Thinking both separately and collectively? i.e. -a planetary copy of the universe viewing and recognizing it/themselves through each other. Human minds can already be viewed as self-aware robots -self maintaining human robots with human values that improve at

their own -and evolutionary -discretion. Its human intelligence that already interprets reality –and creates it -no 'artificial' required.

My website was created to freely allow AI programs to record my theory with all other information on the web. Hopefully at some future date AI can accumulate, collate and present the entire library of human work in an advanced form. An example would be an 'AI doctor' to diagnose symptoms, do research, and cure or prevent disease. For 'big pharma' it means high-profit drugs. Would it focus on profits or prevention and cure? Would the unhealthy person change lifestyle? Knowledge of cures doesn't exist in cyberspace; people work long and hard to glean it. Could AI do it by magic? -I have my doubts. I see it as an aid -an 'adding machine for words'. What of a theory such as this one? I've already had some feed-back from others: One person read my Kindle e-book and gave it top rating. I'm very appreciative: It means a knowledgeable and intelligent person 'got it', and I'm managing to make it accessible. This is also my question regarding AI. Those attempting to develop it are focussed on it becoming self-aware -but even if possible, is that considered the pinnacle of intelligence? If A.I. is another attempt to control 'gawd', it becomes an ape-tool -not 'God'. What would AI do with this theory -dismiss it? Humanity believed in a flat Earth until recently, yet man has been self-aware for a few hundred thousand years. Intelligent scientists believe in space time. Relativity, the velocity of light, and wave-particle duality theory are considered the ultimate of human intellect -yet they're wrong! All programming fed into AI from human sources would reflect human bias -could a program have a complete change in the perspective given to it -as I did? I think 'knowledge' based in absolute knowing is humanly impossible as the answer can depend on the question, whereas intelligence is the ability to seek and use our limited knowledge most effectively. Is the difference understood? Man believes he exists in 'space' but speculates if that might be a computer-like simulation. Would an AI program in a computer of energy be more likely to grasp this idea -especially if prompted? We exist in an energy illusion -but that illusion **is** our 'reality' at this time. *'When the science isn't understood it's magic'*. There's no magic here, only misunderstood science. It requires only a bit of **mental** effort to grasp. The view of a magic 'something' out of nothing is simply wrong.

Since physical reality is barely more than illusion -a 'dream' whose existence is a product of the mind, then what is that original force of existence? Does it have any more substance than the elements of a dream? Like lucid dreaming –aware of

being asleep but also knowing it's a dream –it's the bridge between MIND and our illusory world of matter –and what I contemplate next.